

We are not crazy over sex but happy

SINGAPORE: Among people of Southeast Asia, Malaysians are the happiest with their sex lives.

That, anyway, is what a worldwide survey commissioned by drug giant Pfizer, maker of the anti-impotence drug Viagra, shows.

The survey found that Malaysians had sex an average of 3.5 times per month and that 42 per cent said they were satisfied with their sex lives.

Men in Penang and Malacca may not agree with its finding that "in relaxed areas such as Penang and Malacca", men's failure to have an erection was the main reason for poorer sex performance.

The survey found that, on the whole, Southeast Asians have the unhappiest sex lives in the world, making love less often than people elsewhere

FREQUENCY OF SEX A MONTH

Malaysians: 3.5 times
Singaporeans: 4.55 times
Thais: 4.3 times
Indonesians: 5.75 times
Hong Kong: 3.55 times
French: 7.7 times
Britons: 6.4 times

and getting the least satisfaction from it.

French people have sex most frequently (7.7 times a month) while Mexicans are the happiest in bed, according to the survey.

The survey of almost 13,000 people across 27 countries revealed the global sex frequency average to be 6.5 times a

month, with 50 per cent of those surveyed saying they were very satisfied with their sex lives.

Southeast Asian couples fell below the benchmark levels, with Indonesians coming closest to the global average, indulging 5.75 times per month.

Singaporeans have sex 4.55 times per month, Thais 4.3 times and people in Hong Kong 3.55, the survey found.

There was no direct correlation between regularity and satisfaction.

Indonesians were as unhappy in bed as people in Hong Kong, with only 27 per cent in both places saying they were very satisfied.

Only 32 per cent of Thais and 38 per cent of Singaporeans were satisfied.

Increased stress levels caused by economic prosperi-

ty and modern Asian lifestyles, including unhealthy eating and drinking habits, contributed to poorer sex performance, said Peter Lim, a senior urologist and erectile dysfunction expert.

"They (executives) are all stressed out and that contributes a lot to a poorer performance in the bedroom," said Lim.

"The second reason is the pace of life and the drinking, eating and smoking that has caught on."

Urbanised Hong Kong was similar to Singapore in terms of stress affecting bedroom performance, he said.

Mexicans scored the highest sex satisfaction levels with 74.5 per cent declaring they were very satisfied, followed by Brazil at 64.5 per cent and Spain at 56.6 per cent. — AFP